

Vote **CLAIRE** for Wellbeing Rep

👩 1st Gen Medic

📍 From Manchester

🌐 Serial Side-Quester

I'm running to be your Welfare Representative because I want us to **thrive**, not just survive in medical school.

My **Vision** For Our Year

"Coffee with Clinicians"

Future-planning with leading doctors in a relaxed, conversational series where students can ask doctors about their career journey, **finding balance**, and lessons learned along the way - bridging the gap between students and mentors.



An Open Line of Communication

Why do we wait for forms to open to give **feedback**? I'd introduce a year-round anonymous feedback system where students can **safely share experiences** and regularly feedback any updates. Medicine moves fast, our support systems should too.

"Rest, Reset, Recharge"

Student-led wellbeing activities, like sports days or creative workshops as optional ways to unwind, **build community**, and **take a break**.

