

VOTE FOR ANIKAIT CHOPRA PHASE 1A WELLBEING REP



Hi, I'm Anikait. I've seen how challenging things can get when things get academically intensive, and I know from personal experience – especially having dealt with imposter syndrome myself – how tough it can be when you start doubting your place or your abilities. No one should feel like they're alone in that. Hence I'm running for Wellbeing Rep

AIMS AND OBJECTIVES

Campaign for check ins via weekly sessions.

Bringing variation in sessions such as puppy therapy, mindfulness and any other ideas.

Regular surveys to understand how you guys feel and what you would like us to do.